

Drs. Blake and Jenny MacKay

We moved to Sioux Lookout in November 2020 and signed contracts with the Northern Practice, which included coverage of the fly-in community Sandy Lake First Nation. The work in the Sioux Lookout region is challenging, interesting, and rewarding. We enjoy the mix of emergency medicine, inpatient care, flying to a remote community to provide primary care, and (for Jenny) obstetrics.



In this true rural generalist practice we are constantly learning. We are thankful to have such a supportive and collaborative environment. Sioux Lookout has an unparalleled sense of community and collegiality amongst the physician group. Our colleagues quickly became our friends, and we genuinely enjoy spending time together both inside and outside the hospital.



From a lifestyle perspective, we love to cross country ski, trail run, ride our many bikes (mountain, road, gravel, and fat bikes – we use them all here!). Not to mention the beautiful lake in our backyard. We have a community of like-minded active friends who we enjoy getting outside with, many of them our physician colleagues as well.



In the spring of 2022, we welcomed our first child. The flexibility and control we have over our schedule has become even more important to us in this new stage. We have been able to arrange our schedules so that both of us can continue to work part time. The administrative and scheduling team has been so supportive of us during this graduated return to work. Sioux Lookout as a community is very family-friendly and has wonderful programming for young children. The library and EarlyON centre have something to offer on their calendar nearly every single day! Jenny has really enjoyed being a part of a local “MOPS” moms’ group.



Like many who call Sioux Lookout home, we find it hard to imagine working anywhere else.