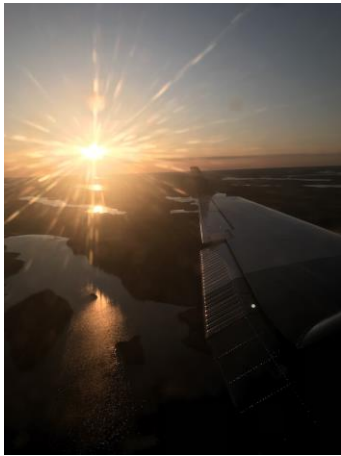


My Name is Megan Bollinger and I've been in Sioux Lookout since 2012. I am originally from Saskatchewan and wanted to explore other areas in Canada with a desire to work and learn in a rural environment with a focus on First Nations Health Care. I did my residency with NOSM and I have been practicing here ever since. I planned initially to locum around but there is so much variety in Sioux Lookout that I feel like I get all the adventure and diversity I want while also providing continuity to my patients, I have the most amazing group of colleagues, and I get to live and play in beautiful community- what more could I ask for!



My clinical passions include maternity care, addictions, and working in low-resource settings. I did some international work in my clerkship and had thought of a career in Global Health and MSF but ultimately have built relationships and found meaningful work in the region and that keeps me here. I have travelled to a remote fly-in community to provide primary care for over 8 years and also take calls from Northern communities by phone. I do ER, clinic, and the occasional hospitalist rotation. The bulk of my practice is in providing obstetrical care in Sioux Lookout to the women in this region. It's never dull: from guiding a nursing station delivery over OTN or managing a trauma over the phone to getting to see some of my favourite Elders in home visits up North, it's a really varied practice! A few years after starting work I took some training to learn

obstetrical surgical skills and now provide C-Section coverage along with a team of other family doctors who do OB care. I continue to get to teach as well.

This medical community is incredibly supportive. I value the collegiality, the innovation in the region, and a collective drive to provide excellent care to an underserved population. There are MDs here who are experts in ultrasound, sports medicine, addictions health, mental health, trans health, and critical care who I can go to for guidance and they are so willing to share their knowledge. I really appreciate the



opportunities to reflect and grow as a settler physician providing care in a First Nations context- I'm always learning.



Outside of medicine I have found an amazing community and enjoy all the outdoor magic we have in Sioux Lookout. Canoeing- both flatwater and white-water; hiking; biking; cross country skiing; snowshoeing; trail running; camping- the list goes on! My partner and I are happy to lend equipment to folks coming to visit and there's always someone to ask to join on a trail adventure while you are here. Hope we see you out in our corner of the woods!